



PANORAMA

Geauga County Board of Mental Health and Recovery Services

24/7 Geauga County Crisis Hotline

Call COPELINE at 1-440-285-5665 or 1-888-285-5665

CRISIS TEXT LINE

Text 4hope to 741741 for Free, Confidential, 24/7 Support



April Is Alcohol Awareness Month

This year's theme - "Help for Today, Hope for Tomorrow" - is designed to highlight the impact alcohol, alcohol-related problems and alcoholism has on individuals, families, businesses, and communities, and to increase our awareness and understanding of alcohol addiction, its causes, treatment, and recovery.

According to the National Council on Alcoholism and Drug Dependence, alcohol is the most commonly used addictive substance in the United States, one in every 12 adults suffer from alcohol abuse or dependence, and more than half of all adults have a family history of alcoholism or problem drinking. Over time, excessive alcohol

use in the form of heavy drinking or binge drinking, can lead to numerous health problems, chronic diseases, neurological impairments and social problems. You can visit their website at www.ncadd.org for more information.

If you are concerned about your own use of alcohol or that of a friend, family member or child, or if drinking has caused problems in your relationships, at work, at home, financially, physically or legally, it may be time to get help. The Geauga County Board of Mental Health and Recovery Services provides a 24-hour hotline called COPELINE (440-285-5665 or 1-888-285-5665) that is available to Geauga County residents who need help with an alcohol-related issue or you can contact the following agencies: Lake-Geauga Recovery Centers at 440-255-0678 or Ravenwood Health at 440-285-3568.

Ohio's 2019 Opiate And Other Drug Conference: Promoting Solutions For Addiction Throughout Ohio

Join the Ohio Association of County Behavioral Health Authorities, in partnership with the Ohio Department of Mental Health and Addiction Services and the Ohio Department of Rehabilitation and Correction for their tenth annual opiate conference *Ohio's 2019 Opiate and Other Drug Conference: Promoting Solutions for Addiction Throughout Ohio!* This year's conference will take place June 10-11 at the Hyatt Regency in downtown Columbus. *Ohio's 2019 Opiate and Other Drug Conference* will bring 1,200 attendees from Ohio and the surrounding region for two full days of education related to addiction.



As the largest opiate-related conference in the region, you won't want to miss this event. Registration for *Ohio's 2019 Opiate and Other Drug Conference* is now open! [Click here to register.](#)



National Prescription Drug Take Back Day Is April 27, 2019

Too often, unused prescription drugs find their way into the wrong hands, which can be dangerous and is often tragic. That's why it is great to see thousands of people across the country clean out their medicine cabinets and turn in - safely and anonymously - a record amount of prescription drugs. According to the US Drug Enforcement Administration (DEA), the last Take Back Day brought in more than 900,000 pounds of unused or expired prescription medication. The total amount of prescription drugs collected by the DEA since the fall of 2010 is 10,878,950 pounds!

The next National Prescription Drug Take Back Day sponsored by the DEA is **Saturday, April 27th from 10:00 AM to 2:00 PM**. National Take Back Day is a safe, convenient and responsible way to dispose of unused or expired prescription drugs. The official drop off location for Geauga County is the Sheriff's Office, which is located at 12450 Merritt Road in

Chardon. Other drop off locations include:

- Chardon City Police Department, 111 Water Street, Chardon
- Chester Township Police Department, 12701 Chillicothe Road, Chesterland
- Hunting Valley Police Department, 38251 Fairmount Boulevard, Hunting Valley
- Middlefield Village Police Department, 14860 North State Avenue, Middlefield
- Russell Police Department, 14820 Chillicothe Road, Novelty

Before dropping off unwanted medication, you should black out your name and personal information so that it is unreadable. Medications should be left in their original container. Drop off sites are not equipped to receive liquids, needles or syringes. If you miss Take Back Day on April 27th, the above locations are available for drug disposal all year.

NAMI Geauga County - Mental Health First Aid

Date: April 6, 2019

Time: 8:00 a.m. - 4:30 p.m.

Location: NAMI Geauga, 8389 Mayfield Rd., Ste. A-2, Chesterland, OH 44026

For more information contact: NAMI Geauga County at 440-286-6264 or

admin@namigeauga.org



NAMI Geauga County - Family-To-Family Program

Date: April 15, 2019

Time: 6:00 - 8:30 p.m.

Location: NAMI Geauga, 8389 Mayfield Rd., Ste. A-2, Chesterland, OH 44026

For more information contact: NAMI Geauga County at 440-286-6264 or admin@namigeauga.org

WomenSafe - Volunteer Orientation

Date: April 23, 2019

Time: 6:00 - 8:00 p.m.

Location: 12041 Ravenna Road, Chardon, OH 44024

For more information contact: Elizabeth Johnson at fundraising@womensafe.org or 440-286-7154 ext. 223

Lake-Geauga Recovery Centers - Alumni Association's Bowling For Sobriety

Date: April 26, 2019

Time: 6:00 - 9:00 p.m.

Location: Scores Fun Center, 65 Normandy Drive, Painesville, 44077

For more information contact: Wendy Dixon at 440-205-2661

Ravenwood Health - Anthony Donofrio Memorial Golf Outing

Date: June 2, 2019 (Rain or Shine)

Time: 11:00 a.m.

Cost: \$100 per golfer

Location: Pleasant Hill Golf Course, 13461 Aquilla Road, Chardon, OH 44024

For more information contact: Kristine Frankenberry at frankenberryk@ravenwoodhealth.org or 440-285-2170 ext. 221